

# HEALTH SERVICES IN MYANMAR

The Ministry of Health is providing comprehensive health services covering promotive, preventive, curative and rehabilitative aspects to raise the health status and prolong the lives of the citizens. With the objective of achieving Health for All goals, successive National Health Plans have been developed and implemented in accordance with the guidelines of the National Health Policy.

The basic health staff down to the grass root level are providing promotive, preventive, curative and rehabilitative services through Primary Health Care approach. Infrastructure for service delivery is based upon sub-rural health centre and rural health centre where Midwives, Lady Health Visitor and Health Assistant are assigned to provide primary health care services to the rural community.

Those who need special care are referred to Station Hospital, Township Hospital, District Hospital and to Specialist Hospital successively. At the State/Regional level, the State/Regional Health Department is responsible for State/Regional planning, coordination, training and technical support, close supervision, monitoring and evaluation of health services. At the peripheral level, i.e. the township level actual provision of health services to the community is undertaken. The Township Health Department forms the back bone for primary and secondary health care, covering 100,000 to 200,000 people.

In each township, there is a township hospital which may be 16/25 or 50 bedded depending on the size of population of the township. Each township has at least one or two station hospitals and 4-7 RHCs under its jurisdiction to provide health services to the rural population. Urban Health Center, School Health Team and Maternal and Child Health Center are taking care for urban population, in addition to the specifically assigned functions. Each RHC has four sub-centres covered by a midwife and a public health supervisor grade 2 at the village level. In addition there are voluntary health workers (community health worker and auxiliary midwives) in outreach villages providing Primary Health Care to the community.

The main areas of service delivery and support activities are presented here:

1. Health Service Delivery using Primary Health Care Strategy
2. Services for the Target Population Group
3. Promoting and Protecting Healthy Communities
4. Prevention, Control and Management of Communicable Diseases and Non-communicable Diseases